Programme we

Friday, 12th August, 2022

09.00 am to 05.00 pm: Arrival and Registration

05.30 pm to 06.00 pm : Education Wing Video Show

06.00 pm to 07.30 pm: Inaugural Session

Spirituality in Education - Compassion and Kindness

Saturday, 13th August, 2022 ___

07.00 am to 08.30 am: **Meditation Session I:** Exploring my Spiritual Identity

10.00 am to 11.00 am : **Session 1:** Educators as Compassionate Leaders

11.00 am to 11.15 am : Break

11.15 am to 12.30 pm: **Session 2:** Nurturing Family with Love and Wisdom

05.00 pm to 06.00 pm : Session 3: Overcoming Anger 06.00 pm to 07.00 pm : **Session 4:** Stop Over-thinking

07.00 pm to 07.30 pm: Creative Meditation on "Kindness"

Sunday, 14th August, 2022 •

07.00 am to 08.30 am: **Meditation Session II:** Awareness of The Supreme

10.00 am to 11.00 am : Session 5: Thought Lab Concept

11.00 am to 11.15 am : Break

11.15 am to 12.30 pm: **Session 6:** Going Beyond Fear & Anxiety

05.00 pm to 06.00 pm : **Session 7:** Overcoming Social Media Addiction

06.00 pm to 07.00 pm: Session 8: Panel Discussion

07.00 pm to 07.30 pm: Creative Meditation on "Courage"

Monday, 15th August, 2022 ____

07.00 am to 08.30 am: **Meditation Session III:** Method & Basis of Meditation

09.30 am to 11.00 am: Valedictory Session 01.00 pm onwards : Mount Abu Sight-seeing

Tuesday, 16th August, 2022

07.00 am to 08.30 am: **Meditation Session IV:** Exploring Inner Powers

09.30 am onwards : Departure for a New Beginning





Cordial Invitation

University & College Educators Conference On

SPIRITUALITY IN EDUCATION -COMPASSION AND KINDNESS



At Brahma Kumaris, Global Auditorium, Manmohinivan Complex, Abu Road

2022

Organised and Hosted by:

Education Wing, Rajyoga Education & Research Foundation And Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya

World HQs.: Mount Abu - 307 501 (Rajasthan), India



University & College Educators Conference On

SPIRITUALITY IN EDUCATION - COMPASSION AND KINDNESS

Education of Change

In this very fast moving time of our modern life, man needs to maintain a healthy balance in life, for which the education or the technique of change is a crucial factor. The New Education Policy that calls for certain significant and all-round changes needs the strong foundations of spirituality if the desired change must be attained smoothly. Spiritual education acts as an indispensable basis.

But we must also realize that so long as the true meaning of education – from darkness to light – which inspires one to rise above the blind-faith and superstition, is not established and accepted, man cannot be free from the slavery of dogma and ignorance.

In the present scenario of a different social, political and economic perspective, education needs a substantial improvement in its status and direction so that it can easily adopt the need and process of change. The Govt. has set up some 'evaluation centers of education' so that in future, schools and colleges impart value and spiritual education. People connected with the job of imparting education also need to update and sharpen their related skills. It is the responsibility of every teacher that a flower-like child's petals should open and bloom into a fragrant flower.

Hence it is almost essential, rather mandatory, that our teachers must have the qualities and virtues of compassion and kindness. At such a time Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya has taken up the development of our education system and advocates the incorporation of values and spirituality in the normal course of education at all levels.

Spirituality in Education: Compassion and Kindness

Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya and its sister organization Rajyoga Education and Research Foundation (RE&RF) have prepared an extensive programme of including Values and Spirituality in the normal courses of education being imparted in our schools and colleges. This programme has been forwarded to the government of India and has also been initiated in many universities of the country. Even during the academic year of 2022, the Education Wing of the RE&RF is organizing an International Conference on 'Spirituality in Education: Compassion and Kindness'. The Education Wing of the Brahma Kumaris is determined at this national occasion of Azadi ke Amrit Mahotsay to eradicate all the

problems in human society through Values and Spirituality in our normal system of education.

A Very Cordial Invitation

We, whole heartedly extend our warm and cordial invitation to various participants such as Chancellors, Vice-Chancellors, Education Ministers, Educational Administrators, College Principals, Deans, Registrars, HODs, Professors, Associate and Assistant Professors for participating in the much awaited **University & College Educators' Conference** on **'Spirituality in Education: Compassion and Kindness'.** We trust that you will find time to accept our warm invitation and participate.

Registration is free but mandatory. The participants need to contact our Local Brahma Kumaris Centres for registration at Website (accomabu.bkinfo.in)

About the Organizers

Education Wing (RERF): The Rajyoga Education and Research Foundation (RERF) is playing a unique role in imparting value & spirituality-based education. The wing has till now entered into MoUs with 20 universities as a collaborative effort to promote values and spirituality in Higher Education. It also organizes various Rajyoga campaigns as a viable alternative to get rid of addictions, worries, anxieties and tensions.

Brahma Kumaris Worldwide: Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya was founded in 1937. Its global headquarters are located in the lap of Aravalli range of mountains at Mount Abu, Rajasthan. It holds consultative status with Economic and Social Council (ECOSOC) and UNICEF of the United Nations. It is imparting spiritual knowledge, human values and Rajyoga meditation through its thousands of centres spanning over 140 countries.

B.K. SUPRIYA

Executive Member, Education Wing, RERF

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Online Registration: accomabu.bkinfo.in

(Only through Brahma Kumaris Centres)